



Resource Directory for Prisoners

Naljor Prison Dharma Service

(Version: 10/5/2015)



Friends, this resource directory is our way of extending compassion and assistance to you in a way that will hopefully bring some practical benefit and upliftment in this challenging time of your life. It is our sincere desire that these resources will offer new horizons of possibility and positive potential. Please note, in addition to the mailing address of the organizations listed, we chose, when possible, to include the phone numbers, e-mail addresses, and websites. In this way, all possible avenues are offered for you and those you are connected with on the outside to establish contact with these excellent resources. If you have a chaplain, friend or family member with access to the internet, this directory may be printed out free of charge from our website.

Spiritual Resources / Buddhist

• Americana Buddhist Temple

10515 Noth Latson Road, Howell MI 48855 / Website: www.abtemple.org

The major practice of this Temple includes Ch'an and Esoteric Buddhist Teachings; the abbot, Ven. Cheng Kuan, is a descendant of the Tsao Dong Chan lineage. We offer Mahayana Buddhist books free to prisoners. Please write for a booklist. We also offer free downloads of Buddhist books on our website.

• Amitabha Buddhist Society of U.S.A.

650 South Bernardo Ave, Sunnyvale CA 94087 / Tel: (408) 736-3386 / E-mail: info@amtb-usa.org / Website: www.amtb-usa.org

Pure Land Buddhism (Mahayana), is a method of cultivation for attaining Buddhahood in this lifetime. This path is for those who wish to transform life's pain and suffering into happiness and fulfillment with direction and purpose. We offer audio and video tapes, books, and pictures of Buddha. Teachings offered in English or Chinese. Please write for a catalog. We are not the publisher, so please provide specific prison regulations for receiving items.

• Asian Classics Institute

Correspondence Course, 7055 Juniper Drive, Colorado Springs CO 80908 / Tel: (212) 475-7752 / E-mail: aci@world-view.org / Website: www.world-view.org

The Asian Classics Institute is dedicated to the serious study and personal practice of the original teachings of the Buddha. Our purpose is to provide a thorough, accurate Tibetan Buddhist education to anyone interested. We offer 15 formal study courses which parallel the same basic core of information that a Geshe (Doctor of Theology) learns at a Tibetan Buddhist monastery. This course is provided free of charge to prisoners who are unable to pay.

• Buddhist Association of the United States

1709 Mexico Ave., Tarpon Springs FL 34689 / E-mail: rjbh3@mac.com / Website: www.baus.org

We welcome inquiries from all schools of Buddhism. You may write to receive books on Buddhism and our *Buddhist Correspondence Course*. This course is designed to acquaint the student with the fundamentals of Buddhism, with a focus on meditation and mindfulness practice.

• Buddhist Bookstore / Jodo Shinshu Buddhism

1710 Octavia St, San Francisco CA 94109 / E-mail: bcshq@pacbell.net

The Jodo Shinshu lineage emphasizes gratitude for Amida Buddha for freely given wisdom and compassion. Amida Buddha embraces everyone regardless of deeds or character, all that is required for liberation is accepting Amida Buddha's embrace. Write to request Jodo Shinshu pamphlets as well as a catalogue for the Buddhist Bookstore.

• The Buddhist Library

PO Box 20101, Fredericton, NB E3B 6Y8 Canada

The Buddhist Library is a nonprofit service organization which distributes books, catalogues, magazines, and other materials on Buddhist teachings and training. Subjects include: meditation, dealing with fear and worry, ethics, stress reduction, coping with change, bringing peace into your life, developing personal insight, and many more topics. The Library responds to all requests for information, but the majority of our distributions go to inmates of penitentiaries in the United States and Canada. We welcome correspondence from everyone interested in Buddhist

thought. The Library will provide information, and material where possible, and will act as a referral service to other Buddhist sources as appropriate. (A letter to Canada requires .60 cents.)

• Buddhist Peace Fellowship / Turning Wheel Newsletter

PO Box 4650, Berkeley CA 94704-0650 / E-mail: prisons@bpf.org / Website: www.bpf.org

Turning Wheel Journal is the quarterly publication of the Buddhist Peace Fellowship. The BPF prison project offers a one year subscription to prisoners for \$10.00, and for non-prisoners the cost is \$45.00 per year.

• Compassion Works For All / Dharma Friends Newsletter

PO Box 7708, Little Rock AR 72217-7708

Compassion Works For All offers their monthly newsletter, *Dharma Friends*, free to prisoners. Available by subscription (\$10 for 4 months) to those who are not incarcerated or for those who can offer this donation. Dharma Friends supports Buddhists in their meditation practice and provides healing and psychological guidance. Write to: Dharma Friends / Compassion Works For All, and ask to be placed on the Dharma Friends mailing list.

• Dallas Buddhist Association

515 Apollo Rd, Richardson TX 75081 / E-mail: amtdba@yahoo.com / Website: www.amtb-dba.org

Pure Land Buddhism (Mahayana), is a method of cultivation for attaining Buddhahood in this lifetime. This path is for those who wish to transform life's pain and suffering into happiness and fulfillment with direction and purpose. We offer audio and video tapes, books, and pictures of Buddha. Teachings offered in English or Chinese. You may write for a catalog, and please provide specific prison regulations for receiving items.

• Dharma Publishing

2910 San Pablo Ave, Berkeley CA 94702 / Tel: (510) 548-5407 / E-mail: info@dharmapublishing.com / Website: www.dharmapublishing.com

We prefer to send books to prison libraries where they can be enjoyed by many, but we can also send individual books to prisoners upon request.

• Dharma Seed Archival Center

PO Box 66, Wendell Depot MA 01380 / E-mail: dharma@crocker.com

Inmates may write to receive free audio and video talks on Western Vipassana Buddhist teachings. Please include shipping instructions in accord with prison regulations for receiving audio or video tapes.

• Freeing the Mind / Kadampa Buddhism

Kelsang Tekchog c/o Saraha Buddhist Center, PO Box 12037, San Francisco CA 94112 / Website: www.kadampas.org

The New Kadampa Tradition (NKT) is an association of Buddhist Centers and practitioners that derive their inspiration and guidance from the example of the ancient Kadampa Buddhist Masters and their teachings, as presented by Geshe Kelsang Gyatso. Please write to request a correspondence program or free books offering the teachings of Geshe Kelsang Gyatso.

• Gassho Newsletter / Atlanta Soto Zen Center

Attn: Gassho, 1167-C Zonolite Place, Atlanta GA 30306 / Website: www.aszc.org

The *Gassho* newsletter is a free publication created by and written for incarcerated sangha practitioners. Articles discuss prison life and the practice of Buddhism for those serving time. Each issue is produced in conjunction with the Atlanta Soto Zen Center. Inmates may write and request to be on the mailing list. Also, we welcome questions, articles, artwork, etc. from prisoners for publication.

• The Heart Mountain Project

c/o Doug Booth, 1223 South St. Francis Drive Suite C, Santa Fe NM 87505

We offer a 17-page meditation manual free of charge to prisoners. Choose from several styles of meditation practice to attain deep relaxation, clear thinking, and peace of mind—a place you can go at any time to find renewed strength to deal with life's challenges. A Spanish translation is available. May you be at peace.

• **Insight Meditation Society**

1230 Pleasant St, Barre MA 01005 / Tel: (978) 355-4378 / E-mail: ims@dharma.org /

Website: www.dharma.org/ims

INS is a Buddhist vipassana meditation center. Inmates may write to receive a free copy of our newsletter *Insight*, which comes out twice a year, as well as receive a letter listing other resources.

• **International Buddhist Meditation Center**

928 South New Hampshire Ave, Los Angeles CA 90006 / Tel: (213) 384-0850 / E-mail: karunadl@earthlink.net /

Website: www.ibmc.info

IBMC is primarily oriented toward Zen but teaches all schools of Buddhism. You may write to receive two free books: *Zen Philosophy*, *Zen Practice* by Thich Thien-An and *Buddhist Concepts by American Disciples*. We also offer a free newsletter.

• **Liberation Prison Project**

PO Box 31527, San Francisco CA 94131 / Tel: (415) 701-8500 / E-mail: info@liberationprisonproject.org /

Website: www.liberationprisonproject.org

We provide many services and materials for prisoners interested in Tibetan Buddhism. We offer the following: free Tibetan Buddhist books; small booklets for specific practices and prayers; materials for prison libraries; a free subscription to our publication *Liberation Magazine*; and practice support for serious students. Selected literature is available in Spanish, Vietnamese, and Chinese.

• **Metta Forest Monastery**

PO Box 1409, Valley Center CA 92082 / Website: www.watmetta.org

Metta Forest Monastery is a meditation monastery in the lineage of the Thai Forest Tradition. Founded in 1990 by Ajaan Suwat Suvaco, it has been under the direction of Thanissaro Bhikkhu (Ajaan Geoff) as abbot and meditation teacher since 1993. We offer free Dharma books including translations from the Pali Canon and teachers in the Thai Forest Tradition, as well as books by Thanissaro Bhikkhu. Please write or visit our website for a list of available titles.

• **Naljar Prison Dharma Service**

Website: www.naljarprisondharma.org

Naljar Prison Dharma Service offers *The Heart of Dharma Collection*: ten precious dharma teachings. These accurate, concise teachings are perfect for daily study, contemplative meditation, and inspiration. Practitioners of all lineages will greatly benefit from these essential teachings. This entire collection is available free of charge from our website. We also offer an excellent 29-page *Resource Directory for Prisoners*. This directory presents an open horizon of possibility and potential for personal support and psychological/spiritual transformation. We encourage individuals and outreach organizations serving those on the inside to freely download and distribute these teachings as well as our Resource Directory. You are welcome to put your own information at the top of this directory to customize it for your organization. For those on the inside, if you have a chaplain, friend or family member with access to the internet, this directory and the collection of dharma teachings mentioned above can be printed out free of charge from our website.

• **National Buddhist Prison Sangha / Zen Mountain Monastery**

PO Box 197, South Plank Road, Mt. Tremper NY 12457

The National Buddhist Prison Sangha is a nationwide support network offering personal guidance, support, and instruction for prisoners interested in Zen Buddhist practice through correspondence, books, audio tapes, and a series of training manuals specially designed for prison practitioners.

• **Noble Silence Program 100-Day**

Dharma Instructions, NEFP, 23611 NE SR26, Melrose FL 32666

Free Dharma instructions (meditation, Buddhist spirituality) are available for anyone inside or out of prison, and to institutions anywhere in the USA or Canada; This is NOT a book, but rather instructions. For more information write to the address above and please send a self-addressed stamped envelope if possible.

• **Parallax Press**

PO Box 7355, Berkeley CA 94707

We offer the engaged Buddhist teachings of Thich Nhat Hanh. You may write to receive slightly damaged books free of charge. You may request a specific Thich Nhat Hanh book, however it may not always be possible to fulfill your request, or simply write and request our catalogue.

• **Prison Mindfulness Institute**

11 S. Angell St #303, Providence RI 02906 / E-mail: info@prisonmindfulness.org /

Website: www.prisonmindfulness.org

Nonsectarian international support network for prisoners, contemplative organizations, volunteers, and corrections staff.

• **Purple Lotus Temple**

636 San Mateo Ave, San Bruno CA 94066 / Tel: (650) 952-9513 / Website: www.purplelotus.com

The objective of the Purple Lotus Temple is to promote, with compassion and dedication, the True Buddha Tantric Dharma to benefit sentient beings. The *Purple Lotus Journal* is a yearly magazine offering reprinted teachings and lectures. Prisoners may write to receive a free subscription and further information. We also donate Buddhist books to prison libraries and prison dharma groups. Our magazine and books are available in either Chinese or English. Please provide us with the prison regulations for sending books.

• **Snow Lion Publications**

PO Box 6483, Ithaca NY 14851-6483 / E-mail: info@snowlionpub.com / Website: www.snowlionpub.com

Snow Lion Publications offers a free newsletter and catalog (called *Snow Lion*) upon request. We will also consider sending books to prisoners in solitary confinement.

• **Sravasti Abbey / Ven. Thubten Chodron**

PO Box 30446, Spokane, WA 99223

Sravasti Abbey offers books on Buddhism by Ven. Thubten Chodron and other Buddhist teachers to inmates and prison libraries free of charge. Tapes and CDs with guided Buddhist meditations and teachings are also available.

• **Strawberry Dragon Zendo**

1800 Robertson Blvd #197, Los Angeles CA 90035

Strawberry Dragon Zendo is a Buddhist outreach program involved in prison work, hospital and hospice, and inter-religious work. Inmates may request books for prison libraries. Those who are seriously interested in the study of Buddhism are encouraged to write.

• **The Sutra Translation Committee of the US and Canada**

2611 Davidson Ave, Bronx NY 10468 / Tel: (718) 584-0621 / E-mail: ymba@ymba.org / Website: www.ymba.org

We offer a number of excellent dharma books to prisoners free of charge. Please write for a list of these books.

• **Tricycle Magazine: The Buddhist Review**

1115 Broadway Suite 1113, New York NY 10010 / Subscription Services: (800) 873-9871

Tricycle Magazine is published quarterly. Inmates may write to request used or damaged issues.

• **Wildmind Meditation Services**

177 Main Street, Newmarket NH 03857 / E-mail: steve@wildmind.org / Website: www.wildmind.org

Wildmind Meditation Services is a non-profit organization promoting mindfulness and compassion through the practice of meditation. We offer guided meditations tapes (in clear plastic, assembled without screws) for use in prisons. Tapes include the Mindfulness of Breathing meditation and the Metta Bhavana (Developing Loving Kindness) meditation. These tapes are available to prisoners free of charge. If family or friends want to purchase the tapes for a prisoner or their own use, there is a charge of \$6.95 per tape plus shipping costs.



Buddhist Prison Ministry

P.O. Box 426

Orcas, WA 98280